

# When times are hard, **AID-NJEA** can help.

**AID-NJEA** is a free, confidential helpline for NJEA members and their families, staffed by active and retired NJEA members and behavioral health specialists.



**AID-NJEA** is for any of the challenges you may face: from losing a loved one to losing a job, struggling with finances or struggling with mental health.

When you call **AID-NJEA**, you will be connected to a real person who can provide resources and information, support and encouragement, strategies for managing challenging situations, or whatever else you may need.

We *understand*.  
We are *members* like you.  
We can *help*.

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**Call today. 1-866-AID-NJEA • 1-866-243-6532**

